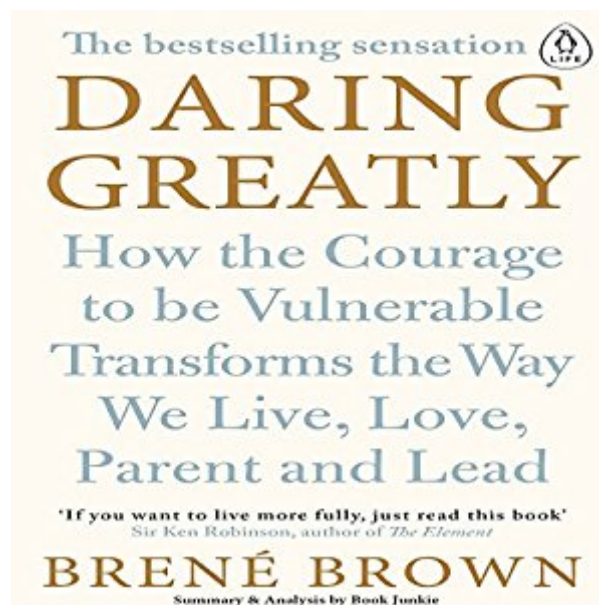




The book was found

Daring Greatly: How The Courage To Be Vulnerable Transforms The Way We Live, Love, Parent, And Lead: Summary & Analysis



Synopsis

Daring Greatly is an best-seller, by award winning author Brené Brown. In this book, she uses her decades of research and examines shame and vulnerability, and the way we can use these emotions to empower ourselves, becoming better people who live fuller lives. This is more than the typical self help guide; it uses research and real life situations to details ways we can connect better with other people, enriching our existence. It contains tips and advice that can apply to literally anyone. This summary gives you a greater insight into the book, breaking down the chapters and looking at the themes that run through it. Disclaimer: This text serves as a companion and guide to the best-seller Daring Greatly by Brené Brown. It will help to broaden the listener's understanding of the book, and highlight insights that might otherwise be overlooked. As this is a companion volume, you'll want to have a copy of the actual book on hand before listening to this.

Book Information

Audible Audio Edition

Listening Length: 1 hour and 2 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: S&S Publishing

Audible.com Release Date: January 23, 2017

Language: English

ASIN: B01N35UNWP

Best Sellers Rank: #20 in Books > Audible Audiobooks > Nonfiction > Study Aids #33

in Books > Audible Audiobooks > Fiction & Literature > Literary Criticism #54 in Books > Literature & Fiction > History & Criticism > Books & Reading > General

Customer Reviews

This book does a nice job summarizing the points in Daring Greatly. It's about overcoming the negative feelings many of us have about vulnerability and instead embracing it so we can accomplish more. I especially like the part about "shame gremlins", as I deal with them myself on a daily basis. Highly recommended for anyone whose fear of vulnerability is holding them back from doing great things. Side note: When reading on Kindle, I found that it's best to read this book in white color mode. I first opened it in black color mode and a lot of the words were not readable. Sepia color mode is readable but has some of the words highlighted in white. White color mode has no

issues. I'm not sure why this is, but it's something to be aware of.

Short, concise, interesting and a great piece of work. Taking time to read this book may just be one of the best things you can do for yourself.

[Download to continue reading...](#)

Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead: Summary & Analysis Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead Brene Brown's Daring Greatly Summary Book Summary: Daring Greatly by Brene Brown Summary - The Invention Of Wings: Novel By Sue Monk Kidd --- An Incredible Summary (The Invention Of Wings: An Incredible Summary-- Paperback, Hardcover, Summary, Audible, Novel, Audiobook Book 1) Summary - Creativity, Inc.: By Ed Catmull - Overcoming the Unseen Forces That Stand in the Way of True Inspiration (Creativity, Inc: A Complete Summary ... Book, Paperback, Hardcover, Summary Book 1) A Season of Daring Greatly Summary of Pre-suasion: A Revolutionary Way to Influence and Persuade by Robert Cialdini PhD: Book Summary Includes Analysis Summary - Circling the Sun: By Paula McLain - A Detailed Summary (Circling The Sun: A Detailed Summary---Paperback, Ebook, Novel, Audiobook, Audible, Hardcover) Socialnomics: How Social Media Transforms the Way We Live and Do Business Summary: The Obesity Code: Unlocking the Secrets of Weight Loss by Dr. Jason Fung and Timothy Noakes: Understand Main Takeaways and Analysis (Summary Takeaways ... Low Carb, Insulin Resistance, Vegan Diet) Social Wealth: How to Build Extraordinary Relationships By Transforming the Way We Live, Love, Lead and Network Summary of The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel Van der Kolk, M.D. | Book Summary Includes Analysis Summary of Outliers the Story of Success by Malcolm Gladwell: Book Summary Includes Analysis Summary of The Inevitable: Understanding the 12 Technological Forces That Will Shape Our Future by Kevin Kelly | Book Summary Includes Analysis Entebbe: The Most Daring Raid of Israel's Special Forces (Most Daring Raids in History) 1&2 Timothy - Living Out the Gospel: A Love God Greatly Journal Distributions in the Physical and Engineering Sciences: Distributional and Fractal Calculus, Integral Transforms and Wavelets (Applied and Numerical Harmonic Analysis) Lead and Lead Alloys: Properties and Technology (German Edition)

[Contact Us](#)

[DMCA](#)

Privacy

FAQ & Help